



Cross Country 2014—Friday 24th October

1. The Cross Country will be run in the paddocks indicated.
2. Children will walk to the course, leaving school at 12.15pm. They will need to bring WARM clothes and a waterbottle.
3. Parking will be available at school, on the empty land near the railway line and in Clive Street. Please DO NOT park on the sides of the road where there are cones or tape.
4. There is a great viewing area for parents, near the start/finish line.
5. There will be no seating available. You are welcome to bring your own. Children will sit on ground covers.
6. Children will have been on the course before the day of the Cross Country.
7. If a parent is present, students will be allowed to go home at the conclusion of **ALL** races.
8. We will be back at school by 3.00pm when the bell will go as usual for remaining students.
9. The course will probably be muddy, slippery and there will be the odd thistle.
10. The children may run in shoes, bare feet or socks - whatever they are most comfortable with.

Order of races, which start shortly after 12.30pm is as follows:

- Years 2 - 3 girls and boys (running approx. 1.8km)
- Years 4 - 5 girls and boys (running approx. 1.8km)
- Years 0 - 1 girls and boys (running approx. 900m)
- Years 6 - 7 girls and boys (running approx. 2.7km)
- Year 8 girls (running approx. 2.7km)
- Year 8 boys (running approx. 2.7km)