



Cross Country 2016

1. The Cross Country will be run in the paddocks indicated.
2. Children will walk to the course, leaving school at 12.15. They will need to bring WARM clothes, footwear, a sunhat and a named waterbottle.
3. Parking will be available at school and on the northern end of Clive Street. Please do not park on the sides of the road where there are cones or on the southern end of Clive Street.
4. There is a great viewing area for parents, near the start/finish line. There will be no seating available. You are welcome to bring your own.
5. Children will have been on the course before the day of the Cross Country.
6. If a parent is present, students will be allowed to go home at the conclusion of **ALL** races.
7. We will be back at school by 3.00pm when the bell will go as usual for remaining students.
8. The course will probably be muddy, slippery and there will be the odd thistle.
9. The children may run in shoes, bare feet or socks - whatever they are most comfortable with.

Order of races, which start shortly after 12.30pm is as follows:

- Years 2 - 3 girls and boys (running approx. 1.8km)
- Years 4 - 5 girls and boys (running approx. 1.8km)
- Years 0 - 1 girls and boys (running approx. 900m)
- Years 6 - 7 girls and boys (running approx. 2.7km)
- Year 8 girls (running approx. 2.7km)
- Year 8 boys (running approx. 2.7km)